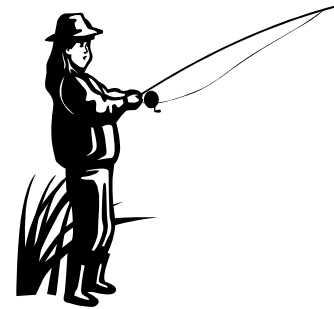


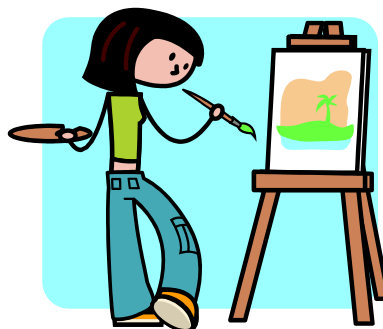


Activities Week 2017



Activities Week
Co-ordinator

Mrs T. Wiseman



Dear Parent/Carer

Welcome to the brochure introducing the information for next summer's enterprise activities week. Activities week takes place this year during the last week of the summer term and has been running at A.H.S. for over 26 years. We aim to end the academic year with a fun and exciting range of events designed to enable your child to:

- ✓ Spend an extended period of time on an activity of their choice
- ✓ Undertake a residential experience if they wish
- ✓ Try something completely different
- ✓ Progress further with existing skills
- ✓ Work with students from different year groups
- ✓ Develop the skills needed to be enterprising and utilise key skills in new situations

All students are expected to take part in an activity.

The school is unable to authorise absence during activities week, unless there are exceptional circumstances, e.g., armed forces personnel returning from a tour of duty, police or other service personnel whose leave has been cancelled during school holidays or a family funeral.

We expect cost to be an important factor; activities which have a price associated with them are unable to run unless we can cover the full cost through your voluntary contributions. There is, as usual, a range of free and low cost activities to ensure that every child can take part during the week.

There will be a deposit required by **Friday, 11 November 2016** and the deadline for full payment for all activities is **Friday, 5 May 2017**. Please make payments via ParentPay.

If you need assistance with ParentPay, please contact the finance department on ext.153/107 or finance@aylshamhigh.norfolk.sch.uk. If you would like to discuss payment options including instalments, please contact the activity leader once the activity has been confirmed.

For health and safety reasons numbers of students on some of the trips will be capped. For this reason, we are asking that your child picks two activities from the list at the back of this leaflet. Your child must be sure that they would be happy to go on either of these activities, so please ensure they pick their activities carefully. Once the activities have been allocated to your child there will only be a 5 day cooling off period in which any changes to activity choice will be considered. If, in exceptional circumstances, we are unable to assign a place to your child on either of their chosen activities we will contact you.

All in all, I hope you agree with us that your teachers are providing an extensive range of activities which includes something for everyone.

As in previous years it will be a week packed with enjoyment and learning to bring to an end a hardworking and successful year for all of us.

Mrs T Wiseman

twiseman@aylshamhigh.norfolk.sch.uk

List of activities

Activity	Deposit required	Approx. total cost
Adventure week	£50.00	£150.00
Art and craft week	Free	Free
Bude	£130.00	£400.00
Camping	£25.00	£70.00
Chocolate week	£25.00	£70.00
Day trippers	£26.00	£80.00
Eagles	£35.00	£100.00
Fishing	£26.00	£80.00
Football academy	£12.00	£35.00
London theatre	£146.00	£486.00
Sports in school	Free	Free
Watersports	£45.00	£135.00
West End experience	£70.00	£200.00
Wizardry, wildlife & wild rides	£135.00	£400.00

Timetable of activity week selection:

- **Monday, 17 October 2016**
Deadline to return choices to dining hall at 10.50 am.
- **Monday, 31 October 2016**
Students will be informed of their activity.
- **Monday, 31 October 2016 to Friday, 4 November 2016**
Cooling off period – this is the only time in which changes to activity choices will be considered.
- **Saturday, 5 November 2016 to Friday, 11 November 2016**
All deposits for trips to be paid this week. Deposits will **NOT** be accepted before Saturday, 5 November, and all deposits should be paid by Friday, 11 November.
- **Friday, 5 May 2017**
All activities should be paid in full by this date.

List of activities

Adventure week

Deposit required: £50.00

Approximate total cost: £150.00

Come and join us for a week of outdoor and adventurous activities that will test your fitness, skill, nerve and teamwork. The week will include activities like, go karting at Cromer Kart Track, surfing at Cromer, water skiing and tubing at Bluebird Water-ski Centre Taverham and one day of skiing and tubing at The Norfolk Snow Sports Club. You will need plenty of stamina!! This activity will run daily and will leave school at 8.50 am and return at approximately 3.15 pm. You will need to bring appropriate clothing for each activity. Kit list will be available from Mr Claxton.

Art and craft week

Deposit required: Free

Approximate total cost: Free

Come and join us for a week of art and crafts. This will include activities like, painting, jewellery, model making, card making, glass painting. You will learn new techniques and methods to perfect your skills. All resources for this activity will be provided and will take place in the school. Please wear old clothing or bring an apron as you may get messy!!!

Bude

Deposit required: £130.00

Approximate total cost: £400.00

A fantastic chance to get away and learn new skills at a residential outdoor pursuit centre in Bude, Cornwall. You will need to be fit, healthy and love getting wet. Activities will include surfing, body boarding, assault courses, kayaking, Canadian canoeing, high ropes, caving, abseiling and climbing. All kit for the activities will be provided, however you will need appropriate clothing for use outside of the activities. All activities are risk assessed and led by qualified trained instructors. This activity will leave early on the Sunday, 16 July 2017 and return late on Friday, 21 July 2017. The cost will include travel, accommodation, food and all activities. There will be a parents information evening prior to the activity taking place. It is imperative that all parents/carers attend for a full briefing.

Camping

Deposit required: £25.00

Approximate total cost: £70.00

This is a tough physical activity which requires lots of stamina, determination and a sense of fun. You will plan and buy your own meals and cook on camp stoves. You will set up tents, organise the camp site and participate in all activities including a 10 mile walk with a visit to the pleasure beach in Great Yarmouth. Swimming in the sea **is not allowed** in any circumstances. All students are to arrive at AHS on Monday, 17 July 2017 at 8.45 am. Students will then to walk to Tesco's accompanied by staff to purchase food for the week. The bus will leave school at approximately 12 noon to travel to the camp site and will return at approximately 3.20 pm on Friday, 21 July 2017.

Chocolate week

Deposit required: £25.00

Approximate total cost: £70.00

Do you dream of all things chocolate? Would you like to spend a week thinking about, making, of course, tasting chocolate of many different varieties? If you answered 'Yes' to these questions, then this could be for you! We will learn about the history of chocolate and how it is made, and make a number of different chocolate creations, from delicate shoes to sophisticated rice puff cakes! From Monday to Thursday you will work in school, honing your skills, before presenting a beautiful chocolate based afternoon tea for judgement on Thursday afternoon. You will, of course, have the opportunity to take lots of goodies home with you..... If you can make them last that long!! On Friday, we will be going for our own chocolate afternoon tea in the wonderful gardens of Chimneys B&B in North Walsham. Chocolatiers of all levels, or none, are welcome! We look forward to you joining us for the Aylsham Chocolate Experience.

Day trippers

Deposit required: £26.00

Approximate total cost: £80.00

Days Trippers is an activities week packed with adventure! You will be challenged at Quasar for the title of the best shooter, you'll be competing for the most pins knocked over at Hollywood bowl, we will be checking out the best skating moves at Funky Monkeys as well as seeing who will achieve the lowest score at Mini Golf at Pirates Cove, Great Yarmouth. We will also be relaxing by watching a newly released film at Odeon whilst eating plenty of popcorn, swimming at Sheringham Splash and getting face-to-face with some amazing sea creatures at the Sea Life Centre. All of this topped off with a whole day at the Pleasure Beach, Great Yarmouth to seek some thrills and see who will dare go on the Sky Drop. This activity will run daily and will leave school at 8.50 am and return at approximately 3.15 pm. You will need to bring appropriate clothing for each activity and a packed lunch.

Eagles

Deposit required: £35.00

Approximate total cost: £100.00

This activity is exclusively for our nurture students. Their fun packed week begins with zooming around Cromer Kart Track. They will head to Thorpe Woodlands Activity Centre to undertake various challenges including the zip wire, archery and abseiling. The week continues with a morning bowling and an exclusive cinema screening. Good aim will then be required for an energetic day of outdoor laser quest followed finally by tubing on the dry ski slopes and a buffet lunch in the heart of the city of Norwich. This is a confidence and character building week. This activity will run daily and will leave school at 8.50 am and return at approximately 3.15 pm. You will need to bring appropriate clothing for each activity and a packed lunch.

Fishing	Deposit required:	£26.00
	Approximate total cost:	£80.00
<p>Fishing will take place at local lakes such as Blickling, Cobbleacre, Barford and Roughton with a spot of sea fishing too. All anglers must be over 12 years old and hold a current rod licence. Fishing equipment and bait must be provided by the students and this will be transported on the coach. This activity will run daily and will leave school at 8.50 am and return at approximately 3.15 pm. You will need to bring appropriate clothing for the activity and a packed lunch.</p>		

Football academy	Deposit required:	£12.00
	Approximate total cost:	£35.00
<p>A week of all things football, with a different topic covered each day - including passing, tackling, dribbling, heading and shooting. Drills will include: The Hive - used by Watford FC, Rondo - used by Norwich FC and Lightning- used by Arsenal FC, finishing off the day with a World Cup tournament, EVERY DAY. <u>All</u> abilities welcome and delivered by a Norwich City Academy Coach. This activity will run daily starting at 8.50 am and finishing at 3.25 pm. You will need to bring appropriate clothing for the activity including football boots, trainers and a packed lunch.</p>		

London theatre	Deposit required:	£146.00
	Approximate total cost:	£486.00
<p>You will leave for a full week in London at 9.00 am on Monday, 17 July 2017. You will travel by coach to your 4-star hotel. This year we will visit the sites of London, London Zoo and the Science Museum. You will spend a whole day at Harry Potter World. The shows you will see this year will be Matilda, Aladdin and School of Rock. Evening meals have been booked at Pizza Express, Ruby Blue, Café Rouge and Garfunkels. An exciting week to look forward to! You will return to AHS on Friday, 21 July 2017 at approximately 3.00 pm.</p>		

Sports in school	Deposit required:	Free
	Approximate total cost:	Free
<p>This activity involves you undertaking coaching to improve your skills in a range of sporting activities. These will include, tennis, badminton, football, water polo, athletics, basketball, rounder's, swimming and table tennis. You will also have the chance to work with professional cricket coaches to improve your cricket skills. You will need to be fit enough to participate in a full day of sport. This activity will run daily starting at 8.50 am and finishing at 3.25 pm. You will need to bring appropriate clothing for the activities including football boots, trainers, swim wear and a packed lunch.</p>		

Watersports

Deposit required: £45.00

Approximate total cost: £135.00

This activity is based at the beautiful Whitlingham Broad Outdoor Education Centre in Norwich. You will have a chance to have a go at canoeing, paddleboarding, kayaking, sailing, raft building, katakanuing, wall climbing and archery. So many opportunities to have fun and play games on the water with highly qualified and extremely entertaining instructors. This activity will run daily and will leave school at 8.50 am and return at approximately 3.15 pm. You will need to bring appropriate clothing, however wetsuits and safety equipment will be provided by Whitlingham Broad. You must **be able to swim** to participate in this activity. Students are to bring their own packed lunch and plenty to drink as it can get very warm!!

West End experience

Deposit required: £70.00

Approximate total cost: £200.00

For the fifth year running AHS students are being offered the incredible opportunity to spend the week training alongside stars of the West End! Professional actors, actresses, choreographers, dance captains and musical directors from shows such as Matilda, Wicked, Oliver and Grease will come into the school to work with children on every aspect of musical theatre. Each day, an actor from a different show will come to AHS to work with students on their corresponding show. All gearing up to the end of school concert extravaganza where all the dance routines, musical numbers and drama sketches you have learnt, will be performed alongside the professionals to a live audience of families and friends. This really is a once in a lifetime opportunity to spend time working and training with some of the UK's best singers, dancers and musicians. You **must** be available to perform in the end of school show. This means that students will need to be in school on Friday, 21 July from 8.50 am until the end of the performance at 8.30 pm to allow time for pre-show rehearsals. Tickets will be available for the performance from www.ticketsource.co.uk. The performance will run from 7.30 pm until 8.30 pm when all students will need to be collected by their parent/carer. You will need to bring appropriate clothing for the activity and a packed lunch. For Friday lunch and tea will be required.

Wizardry, wildlife & wild ride challenges

Deposit required: £135.00

Approximate total cost: £400.00

New for 2017!! You will leave for a full week in London on Monday, 17 July 2017, staying at Chessington World of Adventures hotel for four nights. You will visit Chessington Wildlife Park, Harry Potter World and Thorpe Park. Hollywood bowling, bingo & games, sounds actioned packed! Evening meals have been booked at Hollywood Bowl, Beefeater Grill, Pizza Express and Las Iguanas. An exciting week to look forward to! You will return to AHS on Friday, 21 July 2017 at approximately 3.00 pm.

Closing date for applications:
Monday, 17 October 2016 at 10.50 am in the dining hall

Student's name: _____ Tutor group: _____

Year group: _____

Please circle TWO activities listed below. Please select your activities carefully and ensure that you would be happy to go on either activity.

Adventure week

Art and craft week

Bude

Camping

Chocolate week

Day trippers

Eagles

Fishing

Football academy

Wizardry, wildlife and wild rides

London theatre

Sports in school

Watersports

West End experience

Signature of student: _____

Signature of parent/carer: _____
(must be signed by parent/carer)

Date: _____ (must be dated)