



Aylsham Sports Hub Open Times (For Members)

Monday	7am – 9:15am	CLOSED
Tuesday	7am – 9:15am	6:30pm – 9:30pm
Wednesday	7am – 9:15am	6:30pm – 9:30pm
Thursday	7am – 9:15am	6:30pm – 9:30pm
Friday	7am – 9:15am	6:30pm – 9:30pm
Saturday	7am – 8:30am	3pm – 5pm
Sunday	10am – 12pm	1pm – 5pm

	7am - 8:30am	8:30am - 9:15am	10am - 12pm	1pm	2pm	3pm - 5pm	6:30pm - 8pm	8pm - 9:30pm
Monday	Lane Swimming	Water Fitness Class						
Tuesday	Lane Swimming						Lane Swimming	
Wednesday	Lane Swimming	Water Fitness Class					Open Swimming	Lane Swimming
Thursday	Lane Swimming						Lane Swimming	
Friday	Lane Swimming						Open Swimming	Lane Swimming
Saturday	Lane Swimming					Open Swim		
Sunday			Open Swim		Open Swim			

For any questions or queries please call the team.

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