

<p><u>Functions of Respiratory System (2)</u> List & Explain</p> <p><u>Composition of air</u></p> <table border="1" data-bbox="125 571 593 710"> <thead> <tr> <th></th> <th><u>Inhaled</u></th> <th><u>Exhaled</u></th> </tr> </thead> <tbody> <tr> <td><u>Oxygen</u></td> <td></td> <td></td> </tr> <tr> <td><u>CO2</u></td> <td></td> <td></td> </tr> <tr> <td><u>Nitrogen</u></td> <td></td> <td></td> </tr> </tbody> </table>		<u>Inhaled</u>	<u>Exhaled</u>	<u>Oxygen</u>			<u>CO2</u>			<u>Nitrogen</u>			<p><u>Diffusion</u> Explain</p> <p><u>What gaseous exchange is happening in the body?</u> List & explain</p>	<p><u>Tidal Volume</u> Explain</p> <p><u>Lung Volume</u> Explain</p> <p><u>Vital Capacity</u> Explain</p> <p><u>VO2 max</u> Explain</p>	<p><u>Aerobic respiration</u> Explain with equation</p> <p><u>Anaerobic respiration</u> Explain with equation</p>
	<u>Inhaled</u>	<u>Exhaled</u>													
<u>Oxygen</u>															
<u>CO2</u>															
<u>Nitrogen</u>															

Respiratory System Revision Sheet

<p><u>Short term effects of Exercise (5)</u> List & explain</p>	<p><u>Long term effects of Exercise (6)</u> List & explain</p>	<table border="1" data-bbox="1133 847 1753 1281"> <thead> <tr> <th><u>Breathing in</u></th> <th><u>Breathing out</u></th> </tr> </thead> <tbody> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> </tbody> </table> <p>Define oxygen debt with an example of when it will occur during sport.</p>	<u>Breathing in</u>	<u>Breathing out</u>									<p><u>List the pathway of air</u></p>
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