

## Curriculum Overview – Health & Social Care Level 1/2 (OCR Cambridge Nationals) 2022-2023 A one year course Intent, Implementation and Impact

	<b>Term 1: Week 1-7 (7 weeks)</b>	<b>Term 2: Week 8-14 (7 weeks)</b>	<b>Term 3: Week 15 - 20 (6 weeks)</b>	<b>Term 4: Week 21 – 26 (6 weeks)</b>	<b>Term 5: Week 27 – 32 (6 weeks)</b>	<b>Term 6: Week 33 – 39 (7 weeks)</b>
<b>Year 9 10 11</b>	Unit RO27	Unit RO21		Unit RO29	Revision & Exams	
	<p>RO27: Creative activities to support young children and individuals in all care settings</p> <p>This is an optional unit and assessed internally. Controlled Assessment (CA) to start first week back.</p> <p>RO21 Exam prep and revision to start.</p>	<p>RO21: Essential values of care for use with individuals in care settings.</p> <p>This is a mandatory unit and is assessed by examination. Externally marked</p> <p>The <b>curriculum intent</b>, will have gained an understanding of how to provide quality care for individuals, helping them to achieve their goals and how to apply the values of care so individuals feel valued.</p> <p><b>Cultural capital woven throughout all four units</b></p>	<p>RO29: Nutrients</p> <p>This is an optional Unit –and assessed internally. Witness statement</p> <p>Learners will be able to know and understand the needs in health, social care and early year's. Promote healthy eating.</p> <p>There will be an opportunity for all learners to gain experience of cooking in the food rooms as part of their final assessment this will be a practical. Assessed afterschool</p> <p>Exam prep for RO21 will start and homework set</p>	<p>Exam: Monday 9 Jan 2023 PM exam and June 2023 TBC</p>		
	<p>Skills Overview:</p> <ul style="list-style-type: none"> <li>Carry out a risk assessment</li> <li>Design an Activity /Game</li> </ul>	<p>Skills Overview:</p> <ul style="list-style-type: none"> <li>Identify right, values, legislation and safety procedures and how they impact on care settings</li> </ul>	<p>Skills Overview:</p> <ul style="list-style-type: none"> <li>Identify risks and dangers</li> <li>Carry out a range of procedures for a range of injuries</li> <li>Carry out a self-assessment</li> </ul>			

<p>Learning Outcome 1 &amp; 2 to understand the benefits of taking part in these activities.</p> <p>Learning Outcome 3: Be able to carry out the creative activities in a health care settings</p> <p>To understand P.I.L.E.S</p> <p>Physical Intellectual Language Emotional Social</p>	<p>Learning Outcome 1: Understanding how to support individuals to maintain their rights</p> <ul style="list-style-type: none"> <li>• Rights</li> <li>• Supporting individuals</li> <li>• Discrimination</li> <li>• Complaints</li> </ul> <p>Learning Outcome 2: Understand the importance of the rights of care and how they are applied Values and their application</p>	<p>Learning Outcome 3: Understand how legislation impacts on care settings</p> <ul style="list-style-type: none"> <li>• Equality Act</li> <li>• Children Act</li> <li>• Data Protection</li> <li>• Health &amp; Safety</li> <li>• Mental Health Act</li> <li>• Impact of legislation of different groups of people</li> </ul> <p>Learning Outcome 4: Understand how personal hygiene, safety and security measures protect individuals</p> <ul style="list-style-type: none"> <li>• Personal hygiene</li> <li>• Safety procedures</li> <li>• Security procedures</li> </ul> <p>Protecting individuals</p>	<p>Learning Outcome 1:</p> <p>Learners will be able to know and understand the needs in health, social care and early year's. Promote healthy eating.</p>	<p>Learning Outcome 2: Understand</p> <p>How to be able to create dietary plans for specific dietary users</p> <p>Outcome 3: Produce a nutritional meal for a specific dietary requirement</p> <p>Key terms</p>	<p>Deadline for all coursework to be completed 30 April 2023</p> <p>Exam board final date 15 May 2023</p>
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<b>All Year</b>	Unit RO22				Unit RO29	
	<p>RO22: Communicating and working with individuals in health, social care and early years settings.</p> <p>Learners will be able to appreciate how the way they communicate and the personal qualities that they utilize when working with individuals in a health, social care or early years setting will have an impact on the care of those individuals. They will be able to plan effectively for interactions and demonstrate that they have those effective communication skills that are needed to work in a care setting. This will be part of their final grades 25%</p> <p>Witness statement. This is an internally assessed Unit .</p>				<p>RO29: Nutrients Learners will be able to research, cook and plan a healthy meal for a specific dietary users.</p> <p>There will be an opportunity for all learners to gain experience of cooking in the food rooms as part of their final assessment. This will be part of their final grades 25%</p> <p>Witness statement This is an internally assessed Unit –and assessed internally.</p>	
	<p>Learning Outcome 1: Understand how to communicate effectively</p> <ul style="list-style-type: none"> <li>• Types of communication</li> <li>• Positive influences</li> <li>• Barriers</li> <li>• Key Terms</li> <li>• Factors that can positively influence</li> <li>• Interpersonal factors</li> <li>• Language.</li> </ul>	<p>Learning Outcome 2: Understand the personal qualities that contribute to effective care</p> <ul style="list-style-type: none"> <li>• Qualities that can contribute to effective care</li> <li>• Personal Qualities</li> <li>• Patients</li> <li>• Understanding, empathy, Respect, Willingness and sense of humor</li> <li>• Key Terms</li> </ul>	<p>Learning Outcome 3: Communicate effectively within a care setting</p> <ul style="list-style-type: none"> <li>• Plan</li> <li>• Topic</li> <li>• 1:1 and Group</li> <li>• Body Language</li> <li>• Key Terms</li> </ul> <p>Prepare and Deliver 1:1 and Group interactions via assessed role play. Witness statements for CA</p>	<p>Learning Outcome 1: Learners will be able to know and understand the needs in health, social care and early year's. Promote healthy eating.</p> <ul style="list-style-type: none"> <li>• Each life stage</li> <li>• The function of each nutrient</li> <li>• DRVs &amp; RNI</li> <li>• Eat well plate</li> </ul> <p>Learning Outcome 2: Understand How to be able to create dietary plans for specific dietary users</p> <ul style="list-style-type: none"> <li>• Factors that influence diets</li> <li>• Allergies &amp; Intolerances</li> <li>• Creating a 7 day plan</li> <li>• Specific Dietary users</li> <li>• Sources of Nutrients</li> </ul>	<p>Outcome 3: Produce a nutritional meal for a specific dietary requirement</p> <ul style="list-style-type: none"> <li>• To create a meal</li> <li>• Starter &amp; main or Main &amp; dessert</li> <li>• Linking to Government guidelines</li> <li>• Hygienic and safe food preparation</li> <li>• To analysis meal costings</li> </ul>	

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### Skills Overview:

- Identify effective methods of communication
- Demonstrate effective communication in group and individual planned conversations

- Exam prep for RO21 will start and homework set
- For second Exam June 2023 TBC

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<b>Year 9,10 11</b>	Unit R027			Unit R021		Examination
	RO27 : Understanding  Learners will understand the importance of creating an activity for all users in health, social care and EYS settings This will be part of their final grades 25%			RO21: Essential values of care for use with individuals in care settings. This is a mandatory unit and is assessed by 1 hour written examination.  In this unit, will have gained understand of how to provide quality care for individuals, helping them to achieve their goals and how to apply the values of care so individuals feel valued. This will be part of their final grades 25%		
		<b>Learning Outcome 1 :</b> To understand the different types of creative activities available in health, social care & EYS <ul style="list-style-type: none"> <li>• Different types of Creative Activities</li> <li>• The needs of individuals that creative activities address</li> <li>• What are Social activities</li> <li>• Behavioral conditions</li> </ul> <b>Learning Outcome 2 :</b> Understand the benefits of participating in creative activities. <ul style="list-style-type: none"> <li>• The benefits of these activities</li> <li>• Physical</li> <li>• Intellectual</li> <li>• Language</li> <li>• Emotional</li> <li>• Social</li> </ul>	<b>Learning Outcome 3</b> Be able to carry out creative activities in a health social care and EYS setting. <ul style="list-style-type: none"> <li>• Plan an activity</li> <li>• Risk of this activity</li> <li>• Measure the success</li> <li>• Responsibilities</li> <li>• Carry out play the activity</li> </ul>	<b>Learning Outcome1:</b> Understanding how to support individuals to maintain their rights <ul style="list-style-type: none"> <li>• Rights</li> <li>• Supporting individuals</li> <li>• Discrimination Complaints</li> </ul> <b>Learning Outcome 2:</b> Understand the importance of the rights of care and how they are applied: <ul style="list-style-type: none"> <li>• Values and their application</li> <li>• Promoting Equality &amp; Diversity</li> <li>• Confidentiality</li> </ul>	<b>Learning Outcome 3:</b> Understand how legislation impacts on care settings: <ul style="list-style-type: none"> <li>• Equality Act</li> <li>• Children Act</li> <li>• Data Protection</li> <li>• Health &amp; Safety</li> <li>• Mental Health Act</li> <li>• Impact of legislation of different groups of people</li> </ul> <b>Learning Outcome 4:</b> Understand how personal hygiene, safety and security measures protect individuals <ul style="list-style-type: none"> <li>• Personal hygiene</li> <li>• Safety procedures</li> <li>• Security procedures</li> <li>• Protecting individuals</li> </ul>	Exam June 2023
	<b>Skills Overview:</b> <ul style="list-style-type: none"> <li>• To explain and to work in groups</li> <li>• Linking to other units</li> </ul>			<b>Skills Overview:</b> <ul style="list-style-type: none"> <li>• Confident application of knowledge in RO21 examination</li> <li>• Linking to other units</li> </ul>		

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