

Order of Activities 2023-2024 - Year 10

WEEK BEGINNING	WK	1	SPORTS LEADERS		2
7th Sept (1) CR	1	Introduction Lesson			
11th Sept	2	Basketball **	Sport Leaders ***		Handball ***
18th Sept	1	JS	DK	KM	SC
25th Sept	2				
		1	2	3	4
2nd Oct	1	Hockey ***		Basketball	
9th Oct	2	JS	KM	SC & DK	
16th Oct EOHT	1				
30th Oct	2				
6th Nov	1	Fitness/Dance **	Volleyball *	Rugby	
13th Nov	2	KM	JS	SC	DK
20th Nov	1				
27th Nov	2				
4th Dec	1	Netball *	Basketball **	Football ***	
11th Dec	2	KM	JS	SC	DK
18th Dec EOT	1				
4th Jan CR	2				
8th Jan	1	Trampolinimg *	Badminton *	Cross Fit **	Netball ***
15th Jan	2	SC	JS	DK	KM
22nd Jan	1	Open to ALL			
29th Jan	2				
5th Feb	1	Rugby	Handball ***	Hockey ***	Badminton *
12th Feb EOHT	2	DK	JS	KM	SC
26th Feb	1				
4th March	2				
11th March	1	Athletics			
18th March	2				
25th March EOT	1				
15th April CR	2	Football ***		Volleyball *	
22nd April	1	KM	JS	SC	DK
29th April	2				
7th May	1	Cricket/Rounders	Tennis	Cricket ***	
13th May	2	Field - JS	KM	SC	DK
20th May EOHT	1				
3rd June	2				
10th June	1	Tennis	Cricket/Rounders	Softball ***	
17th June	2		Field		
10th July	1	KM	JS	SC	DK

RISE-UP Programme

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Promoting Positive Mental Health