

Order of Activities 2023-2024 - Year 11

WEEK BG	W	1	2	3	4	RISE-UP Programme	Promoting Positive Mental Health & Lifelong Participation in Sport
7th Sept (1) CR	1	Introduction Lesson					
11th Sept	2	Netball		Volleyball *			
18th Sept	1	JS	KM	SC	DK		
25th Sept	2						
2nd Oct	1	Hockey		Basketball			
9th Oct	2	JS	KM	SC & DK			
16th Oct EOHT	1						
30th Oct	2						
6th Nov	1	Indoor Cricket		Rugby			
13th Nov	2	JS	KM	SC & DK			
20th Nov	1						
27th Nov	2						
4th Dec	1	Volleyball *	Handball	Football			
11th Dec	2	JS	KM	SC & DK			
18th Dec EOT	1						
4th Jan CR	2					The Value of PE & Promoting Club Links	
8th Jan	1	Trampolinimg *	Badminton *	Cross Fit **			
15th Jan	2	SC	KM	DK	JS		
22nd Jan	1	Open to ALL					
29th Jan	2						
5th Feb	1	Fitness/Dance **	Rugby	Netball ***	Badminton *		
12th Feb EOHT	2	JS	DK	KM	SC		
26th Feb	1						
4th March	2						
11th March	1	Football ***	Basketball *	Hockey ***	Athletics		
18th March	2	SC	JS	KM	DK		
25th March EOT	1						
15th April CR	2	Rounders	Athletics	Tennis	Cricket ***		
22nd April	1	JS	DK	KM	SC		
29th April	2						
7th May	1	Rounders	Tennis	American Sports ***			
13th May	2	JS	KM	SC	DK		
20th May EOHT	1						