

# The Eagles Activities Week Timetable 15th – 19th July 2024

Day / Time	Activities	Lunch	Clothing (no school uniform)	Equipment requirements
<b>Monday</b>  <b>8.50 am – 3.25 pm</b>	Go karting at Cromer Karttrak Centre  Or: Amazona Zoo	Please ensure students bring a packed lunch and a drink (no sweets/fizzy) Those entitled to free school meals will be provided with a packed lunch	Sensible comfortable clothing and shoes – no open toed shoes <b>Waterproof coat and trousers may be required (weather dependent)</b> Protective race suits and helmets are provided for Karting	Website: <a href="http://www.karttrak.co.uk">www.karttrak.co.uk</a>  Students may want to bring something to read or quiet games to play (no ball games) as there will be some waiting between track time  Website: <a href="http://www.amazonazoo.co.uk">www.amazonazoo.co.uk</a>  Students may need a hat/sun cream (weather dependent) Students must not bring a mobile phone or electrical equipment on the trip. Any contact with home must go through school.
<b>Tuesday</b>  <b>8.50 am – 3.25 pm</b>	Hippodrome Circus, Gt Yarmouth	Please ensure students bring a packed lunch and a drink (no sweets/fizzy) Those entitled to free school meals will be provided with a packed lunch Students will be provided with an ice-cream	Sensible comfortable clothing and shoes	Students must not bring a mobile phone or electrical equipment on the trip. Any contact with home must go through school.
<b>Wednesday</b>  <b>8.50 am – 3.25 pm</b>	Trampolining at Gravity  Lunch at Pizza Hut  Private screening at the Odeon cinema	Drink provided at Gravity  Lunch and a drink will be provided by Pizza Hut  Sweets, popcorn, and a drink will be provided for each student during the film	Sensible comfortable clothing and shoes - Gravity socks provided	Websites: <a href="http://www.gravity-uk.com">www.gravity-uk.com</a> <a href="http://www.pizzahut.co.uk">www.pizzahut.co.uk</a> <a href="http://www.odeon.co.uk">www.odeon.co.uk</a>  Students DO NOT need to bring a bottle of water as provided in all 3 settings  Students must not bring a mobile phone or electrical equipment on the trip. Any contact with home must go through school.
<b>Thursday</b>  <b>8.50 am- 4.30 pm</b>	Pleasure beach, Gt Yarmouth	Lunch and a drink will be provided	Sensible comfortable clothing and shoes – no open toed shoes	Website: <a href="http://www.pleasure-beach.co.uk">www.pleasure-beach.co.uk</a> . Students may need a waterproof coat/trousers/hat/sun cream (weather dependent) Students must not bring a mobile phone or electrical equipment on the trip. Any contact with home must go through school. <b>Students will NOT be back in time for buses so will need to be collected from the back car park at AHS at 4.30pm or students may walk home</b>
<b>Friday</b>  <b>8.50 am- 3.25 pm</b>	Tubing at Norfolk Snow Sports	Please ensure students bring a packed lunch and a drink. (no sweets/fizzy) Students who are entitled to free school meals will be provided with a packed lunch	<b>Long sleeved top, trousers and GLOVES are essential</b> – no open toed shoes	Website: <a href="http://www.norfolksnowsports.com">www.norfolksnowsports.com</a> Students may need a waterproof coat/trousers/hat/sun cream (weather dependent) Students must not bring a mobile phone or electrical equipment on the trip. Any contact with home must go through school.