







This FREE workshop with Lesley from Slow Food Aylsham offers a great opportunity to learn how to create easy to prepare lunch box items.







Working with Lesley you will develop skills and knowledge to create delicious lunch box treats or picnic snacks to take home with you.

All ingredients included, please indicate when booking if you require vegetarian or gluten free ingredients.

Limited places available, please book your place by completing the booking form.

For further information please contact:

Monica Harding—mharding@aylshamhigh.norfolk.sch.uk or text 07780887348.

We are delighted to be working in partnership with Norfolk County Council to deliver a range of learning opportunities for our families through a government funded programme called Multiply which aims to support adults to build confidence with numeracy skills.



