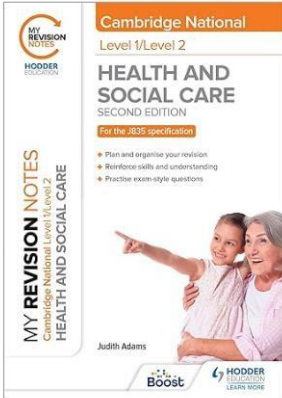


Level 1/2 Health & Social Care

	Exam	Topic	Suggested revision strategy (with links)	Suggested outcome from revision time this week (what a parent can expect to see)
<p>Week 1</p>	<p>OCR Cambridge National in Health & Social care</p> <p>R032 Principles of care in health & social care</p>	<p>Topic 1: Rights of the service user</p> <p>1.1 Types of settings</p> <p>1.2 The rights</p> <p>1.3 The benefits to the service user of right being maintained</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Name examples of health & social care settings • Rights = P.E.C.C.C • Benefits = Empowerment, high self-esteem, needs are met, trust <p>Health and Social Care Student Book: pp. 9-31 Activities Now test yourself</p> <p>Application</p> <ul style="list-style-type: none"> • Give examples of how a service users rights are met within specific settings • Give examples of how maintained rights can benefit a specific service user <p>Exam Practice Workbook pp.6-14</p> <p>OCR Exam board questions – L01 Rights of a service user</p>	 <ul style="list-style-type: none"> • Mind maps • Flashcards • Matching activity • Research notes • Self-assessed written responses to Now test yourself questions • Self-assessed exam questions

<p>Week 2</p>		<p>Topic 2: Person-centred values 2.1 PCV's 2.2 Benefits of applying PCV's for service user and service provider 2.3 Effects of not using PCV's on the service user</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Define person centred values • 9 PCV's • 6 Cs of care • Benefits of PCV's for the service user • Benefits of PCV's for the service provider • Effect of not applying PCV's on P.I.E.S <p>Health and Social Care Student Book: pp. 32-58 Activities Now test yourself</p> <p>Application</p> <ul style="list-style-type: none"> • Give examples of how PCV's are applied in a specific setting • Give examples of how service practitioners use the 6 C's of care • Give examples of how PCV's benefit a specific service user and service provider • Give examples of how not maintaining PCV's can affect P.I.E.S <p>Exam Practice Workbook pp.15-28</p> <p>OCR Exam board questions – L02 Person-centred values</p>	<ul style="list-style-type: none"> • Mind maps • Flashcards • Matching activity • Research notes • Self-assessed written responses to Now test yourself questions • Self-assessed exam questions
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<p>Week 3</p>		<p>Topic 3: Effective communication 3.1 Verbal communication 3.2 Non-verbal communication</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Effective verbal communication • Effective non-verbal communication <p>Health and Social Care Student Book: pp. 59-76 Activities Now test yourself</p> <p>Application</p> <ul style="list-style-type: none"> • Give examples of how effective verbal and non-verbal communication is used in a specific setting • Explain the benefits of effective verbal and non-verbal communication on a specific service user <p>Exam Practice Workbook pp.29-36</p> <p>OCR Exam board questions – L03 Effective communication</p>	<ul style="list-style-type: none"> • Mind maps • Flashcards • Matching activity • Research notes • Self-assessed written responses to Now test yourself questions • Self-assessed exam questions
<p>Week 4</p>		<p>Topic 3: Effective communication 3.3 Active listening 3.4 Special methods of communication 3.5 Importance of effective communication</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Components of active listening • Types of special methods of communication • The importance of effective communication <p>Health and Social Care Student Book: pp. 77-92 Activities Now test yourself</p>	<ul style="list-style-type: none"> • Mind maps • Flashcards • Matching activity • Research notes • Self-assessed written responses to Now test yourself questions • Self-assessed exam questions

			<p>Application</p> <ul style="list-style-type: none"> • Give examples of how active listening and special methods are used in a specific setting • Explain the benefits of using active listening and adapted methods of communication on a specific service user <p>Exam Practice Workbook pp.37-48</p> <p>OCR Exam board questions – L03 Effective communication</p>	
<p>Week 5</p>		<p>Topic 4: Protecting service users & service providers 4.1 Safeguarding 4.2 Infection prevention</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • The meaning of safeguarding • Name service users who need safeguarding • Impact of the lack of safeguarding • Importance of safeguarding training • DBS checks • Infection prevention measures for cleanliness, personal hygiene, PPE <p>Health and Social Care Student Book: pp. 93-113 Activities Now test yourself</p>	<ul style="list-style-type: none"> • Mind maps • Flashcards • Matching activity • Research notes • Self-assessed written responses to Now test yourself questions • Self-assessed exam questions

			<p>Application</p> <ul style="list-style-type: none"> • Provide the reasons for safeguarding and infection prevention in a specific setting <p>Exam Practice Workbook pp.49-56</p> <p>OCR Exam board questions – L04 Protecting service users</p>	
<p>Week 6</p>		<p>Topic 4: Protecting service users & service providers 4.3 Safety procedures 4.4 Security measures</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Safety procedures for reducing risk • Safety measures • Security measures <p>Health and Social Care Student Book: pp. 114-130 Activities Now test yourself</p> <p>Application</p> <ul style="list-style-type: none"> • Provide the reasons for safety and security measures/procedures in a specific setting <p>Exam Practice Workbook pp.57-70</p> <p>OCR Exam board questions – L04 Protecting service users</p>	<ul style="list-style-type: none"> • Mind maps • Flashcards • Matching activity • Research notes • Self-assessed written responses to Now test yourself questions • Self-assessed exam questions

<p>Week 7</p>		<p>Topics 1 - 4</p>	<p>Knowledge</p> <p>Recap knowledge of Topics 1 – 4</p> <ul style="list-style-type: none"> • Complete RAG rating of Personal Learning checklist for each topic • Focus recall revision on red/amber topics <p>Recall revision = mind maps, flashcards, self-quizzing, brain dump</p> <p>OCR Exam board questions – low demand questions</p>	<ul style="list-style-type: none"> • RAG rating of PLC • Recall activities • Self-assessed low demand exam questions
<p>Week 8</p>		<p>Topics 1 – 4</p>	<p>Analyse & evaluate</p> <p>Practice 6 – 8-mark questions on topics 1 – 4</p> <p>OCR Exam board questions – high demand questions</p>	<ul style="list-style-type: none"> • Self-assessed high demand exam questions