

# Target and Review Booklet

This booklet is designed to aid your development as a performer. In this booklet you will identify strengths and weaknesses, create short term and long term goals, set weekly targets and review them frequently to track your progress.

First of all you must complete a skills audit. This will help you to identify your strengths and weaknesses in relation to music performance techniques.

In this table mark how confident you are in each particular technique. 1 represents that you are not very confident, 4 represents that you are very confident.

Music Performance Techniques	1	2	3	4
Accuracy of pitch/intonation				
Rhythm				
Timing				
Technical exercises				
Expression and dynamics				
Phrasing				
Range				
Sight reading/singing				
Improvisation				
Breath control				
Vibrato				
Confidence				
Tuning				
Following an accompaniment				
Learning repertoire				
Musical interaction				
Stage presence				

Now that you have done your skills audit, you need to identify your four main strengths and weaknesses.

# Strengths

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Identify the main strengths that you have. Give an example of time when that strength was apparent.

Strength 1:

Example:

Strength 2:

Example:

Strength 3:

Example:

Strength 4:

Example:

# Weaknesses

Identify the main weaknesses that you have. Give an example of a time when that weakness was apparent.

Weakness 1:

Example:

Weakness 2:

Example:

Weakness 3:

Example:

Weakness 4:

Example:

You must now set goals for yourself. You must set three short term goals and one long term goal.

Short term goals are ones you want to achieve within 12 months. Long term goals are those that will take more than 12 months to achieve. These goals must be linked to your weaknesses.

# Goals

## Short term goals

Short term goal 1:

Explain your goal in more detail:

How will you achieve this goal?

Goal set:

Achieve by:

Short term goal 2:

Explain your goal in more detail:

How will you achieve this goal?

Goal set:

Achieve by:

Short term goal 3:

Explain your goal in more detail:

How will you achieve this goal?

Goal set:

Achieve by:

### Long term goals

Long term goal 1:

Explain your goal in more detail:

How will you achieve this goal?

Goal set:

Achieve by:

Now that you have completed your goals, you can set yourself weekly targets. Fill out the weekly sheets to review how well you are doing and the progress you are making towards your goals and development of your music performance techniques.

# Weekly review 1

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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## Weekly review 2

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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## Weekly review 3

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 4

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 5

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 6

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 7

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 8

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 9

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 10

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 11

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 12

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 13

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 14

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 15

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 16

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 17

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 18

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 19

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 20

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 21

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 22

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 23

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 24

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 25

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 26

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 27

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 28

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 29

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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# Weekly review 30

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Date:

Weekly target:

Techniques working on:

Overall goal:

Tasks:

What progress have you made this week?

What do you still need to work on?

Set three action points for continued development:

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