

Order of Activities 2025-2026- Year 8

WEEK BG	WK	1	2	3	4
Wed 3rd Sept CR	1	Introduction Lesson			
8th Sept	2	Netball CTS		Football ***	Swimming
15th Sept	1	JS	KK	SC/DK	SE
22rd Sept	2				
29th Sept	1	Hockey ***		Swimming	Football ***
6th Oct	2	JS	KK	SE	SC/DK
13th Oct	1				
20th Oct EOHT	2				
3rd Nov	1	Swimming	Gym **	Rugby	Badminton *
10th Nov	2	SE	JS	SC/DK	KK
17th Nov	1				
24th Nov	2				
1st Dec	1	Gym/Dance **	Swimming	Badminton *	Rugby
8th Dec	2	JS	SE	KK	SC/DK
15th Dec EOT	1				
Tues 6th Jan CR	2				
12th Jan	1	Badminton *	Football ***	Gym/Dance **	Swimming
19th Jan	2	KK	JS	SC/DK	SE
26th Jan	1				
2nd Feb	2				
9th Feb EOHT	1	Football ***	Badminton *	Swimming	Gym/Dance **
23rd Feb	2	JS	KK	SE	SC/DK
2nd March	1				
9th March	2				
16th March	1	Swimming	Tennis CTS	Hockey ***	
23rd March EOT	2	SE	KK	SC/DK	JS
Tues 14th April CR	1				
20th April	2				
27th April	1	Tennis CTS	Swimming	Cricket ***	
Tues 5th May	2	JS	SE	SC/DK	KK
11th May	1				
18th May EOHT	2				
1st June	1	Ath/OAA	Ath/OAA	Ath/OAA	Swim
8th June	2		Swim		Ath/OAA
Tues 16th June	1				
22nd June	2				
29th June	1				
6th July	2	Cricket ***		Tennis CTS & *	

Lifestyle Choices

A Balanced Diet

Fitness to Improve Health & Well-Being

Health & Well-Being