

# TACT (FAMILIES) - EARLY SUMMER 2026

TACT (Families) offers families whose children attend schools in Aylsham, Aldborough, Buxton, Erpingham and Hevingham opportunities to support their mental health and wellbeing, raise aspirations and engage in family and lifelong learning.

Our vision is to develop a community where schools, families and partners work together to provide opportunities and support which allows young people and their families to reach their full potential.



We are a registered charity and are a member of the Healthy Young Minds Coalition.

## FAMILY LEARNING



We would like to thank The Norfolk Community Foundation, for awarding us a grant from The Handelsbanken Mental Health and Wellbeing Fund, which supported a variety of nature-based family learning workshops across all of the schools supported by TACT (Families).

These workshops provided a fantastic way for families to explore nature together promoting wellbeing in different ways, including using flowers and leaves to create wonderful mandalas.



## NEW WAYS TO SUPPORT US

We are thrilled to announce that TACT (Families) has been chosen to be part of the Co-op Local Community Fund. We are fundraising with the Co-op to support our youth worker project. This project aims to support young people in our local community to improve their wellbeing and raise their aspirations.



To find out more, please visit our Cause Profile Page by scanning the QR code or <https://membership.coop.co.uk/causes/97701>



**Stronger Starts.**



We're in the customer vote for a Tesco Stronger Starts. It's a scheme which gives community projects like us grants of up to £1,500. Tesco customers can vote in the Aylsham store during May, June and July to decide how much funding we get, so please support us next time you shop at Tesco!

THE AYLSHAM  
COMMUNITY TRUST  
(FAMILIES)

CHARITY NUMBER  
1205779



Aldborough Primary School



Aylsham High School



Bure Valley School



Buxton Primary School



Erpingham VC CofE Primary School



Hevingham Primary School



John of Gaunt Infant & Nursery School



St Michael's CofE VA  
Primary & Nursery School



@tact(families)

## FOLLOW US ON SOCIAL MEDIA

Please follow us on social media for up-to-date information about our work and current courses .



The Aylsham Community Trust - Families

## CONTACT US

To find out more about TACT (Families) and how you can support us, please contact: Monica Harding, TACT (Families) Development Officer and Family Learning Co-ordinator on 07780 887 348 or by email [mharding@tactfamilies.org](mailto:mharding@tactfamilies.org)