

Order of Activities 2026-2027 - Year 10

WEEK BEGINNING	WK	1	SPORTS LEADERS		2
Wed 3rd Sept CR	1	Introduction Lesson			
7th Sept	2	Handball ***	Sport Leaders *		Handball ***
14th Sept	1	JS	DK	KK	SC
21st Sept	2				
		1	2	3	4
28th Sept	1	Hockey ***		Basketball * & **	
5th Oct	2	JS	KK	SC & DK	
12th Oct	1				
19th Oct EOHT	2				
2nd Nov	1	Cross-Fit **	Volleyball *	Rugby	
9th Nov	2	KK	JS	SC	DK
16th Nov	1				
23rd Nov	2				
30th Nov	1	Netball *	Basketball **	Football ***	
7th Dec	2	KK	JS	SC	DK
14th Dec EOT	1				
Tues 5th Jan CR	2				
11th Jan	1	Trampolinimg *	Badminton *	Hockey ***	Hockey ***
18th Jan	2	SC	JS	DK	KK
25th Jan	1				
1st Feb	2				
8th Feb EOHT	1	Rugby	Fitness/Dance **	Netball CTS	Volleyball *
22nd Feb	2	DK	JS	KK	SC
1st March	1				
8th March	2				
15th March	1	Football ***		Trampolinimg *	Badminton *
22nd March EOT	2	KK	JS	SC	DK
Tues 13th April CR	1				
19th April	2				
26th April	1	Tennis CTS & *		Cricket ***	
Tues 4th May	2	KK	JS	SC	DK
10th May	1				
17th May EOHT	2				
24th May	1	Athletics Field Events/OAA			
7th June	2				
14th June	1				
21st June	2				
28th June	1				
5th July	2	Cricket (Field)		Softball ***	Tennis CTS
5th July	1	KK & JS		DK	SC
12th July	2				

The mental health continuum

Creating Confidence

Worries as a Positive

Mental Health Awareness

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