



Programme guidance – volunteering to help family members

During the coronavirus outbreak, we realise it may be difficult for you to continue with your usual volunteering activities. Whilst volunteering must usually be done for a charity, community organisation or an individual who isn't related to you, during the outbreak you will be able to use helping family members for your volunteering activity.

However, to get the most out of your volunteering, this must be more than just babysitting or helping with your usual chores!

Your Leader can help you with some suggestions to structure your activity, but some ideas could be:

- Mentoring a younger sibling, helping with their homework each week in a subject you really enjoy
- Coaching a sibling or other family member to learn an instrument, or develop another skill
- Organising an arts and crafts session, or a sports session in your garden, for someone you live with to participate in (this might be age dependant!)

If there is another family member that requires help that you think you could use for your volunteering that should also be fine, although make sure it's approved by your DofE Leader first.

Remember, if you are a Young Carer, then your caring responsibilities can still be used for the Volunteering section.

As with all activities for your DofE, to maintain the value and integrity of your Award, your assessor cannot be a family member. However, you can find some useful information on finding an assessor for your volunteering [here](#).