



# Aylsham High School

*Part of the Aylsham Learning Federation  
It takes a Whole Community to Educate a Child*

18 June 2021

Dear Parent/Carer

## OCR Cambridge Nationals Health and Social Care Course Guidelines

I am writing to you as it has been confirmed that your child has gained a place on the OCR Cambridge Nationals health and social course as part of their option programme for the academic year 2021-2022.

For the next academic year I will be delivering the OCR Cambridge Nationals Levels 1 and 2 in health and social; these courses involve an hour long exam. Further details of these courses are available from the Aylsham High School website <https://www.aylshamhigh.com/optionchoices>. I know students will work their hardest to achieve the results that they are capable of and I am keen to support them in doing this.

The following units will be covered:

- R021 - Essential values of care with individuals in care settings.
- R022 - Communicating and working with individuals in health, social care and early years settings.
- R027 - Creative activities to support individuals in health, social care and early years settings.
- R029 - Understanding the nutrients needed for good health. As part of their assessment for this unit, your child will need to cook a small meal. This will take place after school one day in September (date to be confirmed) and will be observed by the food and nutrition department. Students will be expected to supply their own ingredients. This forms an essential part of their controlled assessment.

I would like to take this opportunity to outline the department's expectations of your child's responsibilities throughout their year as part of the health and social option programme.

- As health and social is a one year course deadlines are paramount, so any support you are able to give your child will be really helpful. In the event of absence it is advisable for students to contact their subject teacher to obtain any missed work.
- I would encourage students to start keeping up to date with current news events as these are referred to as examples when teaching. Newspapers and news bulletins are fantastic ways to see what is happening in the health and social environment and to embed specific subject knowledge.

Executive Headteacher: Mr D Spalding B.A. (Hons) M.Ed. (Cantab)

Deputy Headteachers: Mr C Bridge B.Sc. (Hons), Mr P Brockington B.Sc. (Hons) M.A., Mrs K Garnham B.A. (Hons) M.A.

Director of Business and Community Strategy: Mrs J Tuttle



Business & Enterprise



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- Ensuring students are equipped ready for their lessons will also impact upon success. Making sure your child has the appropriate stationery and the ability to transfer work from school to home is essential.
- As your child has opted to take this subject I am aware that there is real motivation for them to do as well as they can. Should any incidents occur where behaviour falls below my expectations I will contact you. I want to ensure students are focused in lessons and at home. I want students to start with me prepared to work hard and know they have the support of their teachers and parents/carers in being able to achieve their best.

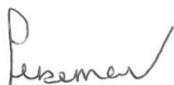
Communication is essential when supporting students; if there are any issues you believe subject staff should be made aware of before starting the course please do not hesitate to contact me.

I would ask that you now ensure three things have happened:

1. Your child has familiarised themselves with the course content, so they are fully aware of the course, subject knowledge and examination routines they have chosen.
2. Parents/carers have provided an email address as the preferred method of communication for dealing with any issues that may occur and to encourage positive communication.
3. Both you and your child have signed the attached slip to acknowledge receipt of this letter.

I am really happy that your child has opted for the health and social course and I look forward to getting started. If you have any questions about the subject please do not hesitate to contact me.

Yours sincerely



Tanya Wiseman  
Lead Health and Social Instructor  
[twiseman@aylshamhigh.norfolk.sch.uk](mailto:twiseman@aylshamhigh.norfolk.sch.uk)

Please return this slip to Mrs Wiseman.

**OCR Cambridge Nationals Health and Social Care Course Guidelines**

We confirm that we have read and understood the health and social care course guidelines.

Student Name: \_\_\_\_\_ Student Signature: \_\_\_\_\_

Parent/Carer Name: \_\_\_\_\_ Parent/Carer Signature: \_\_\_\_\_