



# Aylsham High School

*Part of the Aylsham Learning Federation  
It takes a Whole Community to Educate a Child*

April 2022

Dear Parent/Carer

## **GCSE PE after school revision sessions**

I am writing to promote our upcoming revision sessions.

In order to support students I'm pleased to confirm that our **GCSE after-school revision sessions will run on Tuesdays and Thursdays commencing on Thursday 21<sup>st</sup> April from 3.30-4.45pm in the sports hall.** Please find a timetable for the revision sessions enclosed. During this time students will be able to participate in teacher led revision on the theoretical components of the course. Students need to sign up for the after-school revision sessions on the sheets outside the PE office so we can organise the necessary resources.

Students joining the revision sessions in school will need to be collected at 4.45pm, or other arrangements made for them to travel home safely at this time.

Students need to ensure that they are utilising their GCSE workbooks, their Edexcel revision guide and workbooks, their core knowledge booklets and Quizlet (online account AHS\_PE. Students to sign-up for free). The pop quiz booklets can be used by parents/carers to quiz your child on all components of the course and have been very effective with past cohorts. Edexcel revision guides and workbooks can still be purchased from the PE office for £2.50 and are highly recommended.

**The final theory exams are on Tuesday 24<sup>th</sup> May (paper 1) and Friday 10<sup>th</sup> June (paper 2).**  
**The practical moderation day is on Tuesday 26 April.**

If you have any other questions regarding the course or PE in general, please do not hesitate to contact me on [sclaxton@aylshamhigh.norfolk.sch.uk](mailto:sclaxton@aylshamhigh.norfolk.sch.uk).

Yours sincerely

Mr S Claxton



Executive Headteacher: Mr D Spalding B.A. (Hons) M.Ed. (Cantab)

Deputy Headteachers: Mr C Bridge B.Sc. (Hons), Mr P Brockington B.Sc. (Hons) M.A., Mrs K Garnham B.A. (Hons) M.A.

Director of Business and Community Strategy: Mrs J Tuttle



## Aylsham High School PE Department GCSE PE Revision Timetable



All sessions are on Tuesdays & Thursdays, 3.30- 4.45pm, please sign up on the relevant sheet outside the sportshall office if you are attending the sessions so we can prepare resources.

Date	Module
Thursday 21st April	Musculo-Skeletal System
Tuesday 26th April	Cardio-Respiratory System
Thursday 28th April	Fitness Training
Tuesday 3rd May	Diet Drugs Injury Prevention
Thursday 5th May	Benefits of Participation Participation Rates Lifestyle Choices Sporting Behaviour
Tuesday 10th May	Sports Psychology
Thursday 12th May	Commercialisation of Sport
Tuesday 17th May	Q & A Session/Exam Practise
Thursday 19th May	Q & A Session/Exam Practise
Monday 23rd May	Drop in Session - Paper 1
Thursday 9th June	Drop in Session - Paper 2

The theory exams are on the following times:  
Tuesday 24th May: Paper 1 - Fitness & Body Systems  
Friday 10th June: Paper 2 - Health & Performance

It was clear from the results in previous years that attendance positively impacted final results