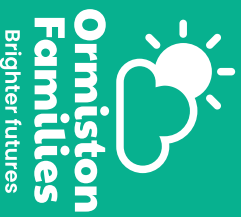




Breaking Barriers Service

For children and young people
affected by family imprisonment



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The Breaking Barriers service has given my son a way to talk about his worries and anxieties regarding his father since he's not been around. He's been able to have questions answered in a way that is not scary and is easy for him to understand. He is more settled at school and at home.

ormiston.org

Unit 17, The Drift, Nacton Road, Ipswich, Suffolk IP3 9QR

Registered charity no. 1015716 Registered company no. 2788807

Ormiston Families' Breaking Barriers service supports children and young people up to the age of 19 who have been affected by the imprisonment of a close family member.

Children and young people can be affected by this in many ways, including experiencing feelings of separation or loss, fear and anxiety, loss of self-esteem and the change of dynamic in the family home.

By providing a safe space to talk and express themselves, Breaking Barriers enables them to explore their feelings through activities and play to come to terms with any emotional trauma and maintain positive ties with the family member in prison.

Through tailored one-to-one sessions, our practitioners will support children and young people to improve emotional wellbeing and feel more confident, to believe they can make a difference, to build relationships with others and improve engagement with education.

We take referrals from agencies that support children and young people, schools and from families themselves.

Support for children and young people includes:

- A six week intervention programme involving regular sessions within school
- Art and play to help express their feelings
- Informative resources such as books and DVDs that help deal with their concerns

If you require further information, please contact:

bbreferrals@ormistonfamilies.org.uk

